

TRAUMA SERVICES



WHAT IS TRAUMA?



Trauma can be experienced by anyone, at any age. Trauma may look different for everyone. Some symptoms include the following:

- Unexplained sadness, fear, or anxiety
- Nightmares and/or flashbacks to an incident
- Socially withdrawing from friends and family
- Increased reaction to loud noises or sudden movements - startled response
- Unexplained changes in mood
- Feeling separated from your body

P: 330-376-9494 • F: 330-376-4525
Toll Free: 1-800-277-9494 • VP: 234-525-6176
www.greenleafctr.org

EVIDENCED-BASED INTERVENTIONS:

At Greenleaf Family Center, we have clinicians trained in trauma specific treatment. Ask about our work with:

- Eye Movement De-sensitization and Reprocessing (EMDR)
- Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
- Cognitive Behavioral Therapy (CBT)
- Dialectic Behavioral Therapy (DBT)

Greenleaf Family Center offers individual counseling to treat trauma. If you or someone you know has experienced any of these symptoms following a traumatic event, call and set up an appointment with our staff for a diagnostic assessment.

Greenleaf Family Center also works with community partners to assist and provide the highest level of care to meet your mental health needs.

Receives funding from



580 GRANT STREET, AKRON, OH 44311

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Mondays - Thursdays: 8:30am - 8:00pm

Fridays: 8:30am - 12:00pm

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