



**Medications/Allergies**

Do you have any allergies? [ ] Yes [ ] No Allergies to medications? [ ] Yes [ ] No

If you have any allergic reactions with your medications, please describe them below:

If you have ever been prescribed any medication for emotional or psychiatric support in the past, please list them below:

Are you currently taking any medications? (prescribed or OTC) [ ] Yes [ ] No If yes, please list below:

| Name  | Dose  | How often? | Reason? | Prescribed by? |
|-------|-------|------------|---------|----------------|
| _____ | _____ | _____      | _____   | _____          |
| _____ | _____ | _____      | _____   | _____          |
| _____ | _____ | _____      | _____   | _____          |
| _____ | _____ | _____      | _____   | _____          |

**Symptoms/Concerns**

Please check any of the following which have been a problem or concern for you in the **past 2-4 weeks**:

- |  |   |  |   |
|--|---|--|---|
| <input type="checkbox"/> sleeping - not enough       | <input type="checkbox"/> loss of pleasure           | <input type="checkbox"/> work/school conflict or stress  | <input type="checkbox"/> nightmares               |
| <input type="checkbox"/> sleeping - too much         | <input type="checkbox"/> loss of interest/apathetic | <input type="checkbox"/> marital conflict or stress      | <input type="checkbox"/> guilt or shame           |
| <input type="checkbox"/> appetite or eating problems | <input type="checkbox"/> poor self esteem/image     | <input type="checkbox"/> other relationship problems     | <input type="checkbox"/> grief or loss            |
| <input type="checkbox"/> weight loss or gain         | <input type="checkbox"/> stress or tension          | <input type="checkbox"/> thoughts about harming self     | <input type="checkbox"/> confusion                |
| <input type="checkbox"/> sadness, tearfulness        | <input type="checkbox"/> concentration problems     | <input type="checkbox"/> thoughts about harming others   | <input type="checkbox"/> loneliness               |
| <input type="checkbox"/> anxiety, nervousness        | <input type="checkbox"/> memory problems            | <input type="checkbox"/> other odd or troubling thoughts | <input type="checkbox"/> legal problems           |
| <input type="checkbox"/> panicky or panic attacks    | <input type="checkbox"/> sexual problems            | <input type="checkbox"/> hearing voices/seeing things    | <input type="checkbox"/> not assertive enough     |
| <input type="checkbox"/> fearfulness or paranoia     | <input type="checkbox"/> court or OHS requires      | <input type="checkbox"/> alcohol or drug problems        | <input type="checkbox"/> physical health problems |
| <input type="checkbox"/> anger, hurting others       | <input type="checkbox"/> housing problems           | <input type="checkbox"/> sexual abuse victim             | <input type="checkbox"/> physical abuse victim    |

Other: \_\_\_\_\_

**Health History Questionnaire - Please check and number all conditions which currently apply or have previously applied**

- |  |  |   |   |   |
|--|--|---|---|---|
| <input type="checkbox"/> problems w/ vision  | <input type="checkbox"/> headaches           | <input type="checkbox"/> blurriness           | <input type="checkbox"/> wear glasses       | <input type="checkbox"/> diabetes             |
| <input type="checkbox"/> problems w/ hearing | <input type="checkbox"/> ringing in ears     | <input type="checkbox"/> wear hearing aid     | <input type="checkbox"/> difficulty walking | <input type="checkbox"/> problems w/ smelling |
| <input type="checkbox"/> lung disease        | <input type="checkbox"/> shortness of breath | <input type="checkbox"/> trouble breathing    | <input type="checkbox"/> bladder problems   | <input type="checkbox"/> trouble sleeping     |
| <input type="checkbox"/> stomach problems    | <input type="checkbox"/> constipation        | <input type="checkbox"/> diarrhea             | <input type="checkbox"/> joint pain         | <input type="checkbox"/> problems swallowing  |
| <input type="checkbox"/> high blood pressure | <input type="checkbox"/> dizziness           | <input type="checkbox"/> seizures             | <input type="checkbox"/> swelling of legs   | <input type="checkbox"/> exercise regularly   |
| <input type="checkbox"/> heart disease       | <input type="checkbox"/> chest pains         | <input type="checkbox"/> blood transfusion in | <input type="checkbox"/> heart disease      | <input type="checkbox"/> currently pregnant   |
| <input type="checkbox"/> sexual functioning  | <input type="checkbox"/> menstrual problems  | last 10 years                                 | <input type="checkbox"/> breast exams       |   |

abortions/miscarriages \_\_\_\_\_ past pregnancies: \_\_\_\_\_

Date of last PAP test \_\_\_\_\_ Date of last prostate exam \_\_\_\_\_ Date of last physical \_\_\_\_\_

special diet \_\_\_\_\_

weight loss how much: \_\_\_\_\_ in how long: \_\_\_\_\_

weight gain how much: \_\_\_\_\_ in how long: \_\_\_\_\_

drink alcohol how much: \_\_\_\_\_ in how long: \_\_\_\_\_

presence of pain (explain) \_\_\_\_\_

use condom during sexual intercourse [ ] history of IV drug use and/or sharing needles

physical disabilities \_\_\_\_\_

List the item # from above and explain in detail your medical condition:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Medical Hospitalizations**

| Medical Hospitalization | Date  | Reason |
|-------------------------|-------|--------|
| _____                   | _____ | _____  |
| _____                   | _____ | _____  |

**Family History**

Has any member of your family had any physical or mental diagnoses? [ ] Yes (please explain below) [ ] No

Client Signature \_\_\_\_\_

Date \_\_\_\_\_

Clinician Signature \_\_\_\_\_

Date \_\_\_\_\_