## PARENTING SERVICES





Our Parenting Group aims to engage parents and improve parenting skills by providing a supportive community where parents are able to identify the needs of a child, instill self-esteem, and strengthen communication while experiencing the support of other parents.

## TOPICS INCLUDE, But are not limited to:



- Childhood Development
- Appropriate Behavior Expectations
- Identifying Different Parenting Styles
- Effective Communication Techniques
- Understanding Discipline vs. Punishment

Parenting Group meets once per week for 12 weeks and require an assessment and treatment planning session prior to the start of group.

Groups are one hour in length and are available in the evenings. Clients who successfully complete the program will receive a Certificate of Completion.

Groups are facilitated by a licensed clinician. To register for a parenting group please contact our intake department.



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Mondays - Thursdays: 8:30am - 8:00pm Fridays: 8:30am - 12:00pm

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